

## Academy Player Code of Conduct

As a player in our academy, you are part of a community that values respect, teamwork, and personal growth. By following this Code of Conduct, you contribute to a positive environment that enhances your development and the experience of your teammates. Playing for Gold Coast United offers a unique opportunity and comes with much responsibility to uphold yourself as a player to the highest standards. Gold Coast United can and will ask players to either play up or down an age group or change between our League 1 or 2 teams, depending on what the football department deems to be right at that time, under the rules of Football Queensland.

### **Respect for Others**

**Respect Teammates:** Treat your teammates with kindness and support. Encourage one another and celebrate each other's successes.

- Respect Opponents: Always show respect towards opposing players. Understand that they are working hard to achieve their goals, just like you.
- Respect Coaches and Officials: Listen to your coaches and respect their decisions. Treat referees and officials with courtesy, even in challenging situations.

### **Commitment to the Team**

**Be Dedicated:** Attend all training sessions and matches unless there is a valid reason for your absence. Notify your coach in advance if you cannot attend.

**Give Your Best Effort:** Always strive to do your best during practices and games. Put in the effort to improve your skills and contribute to the team.

### **Sportsmanship**

**Play Fair:** Always play by the rules of the game. Avoid unsportsmanlike behaviour, such as arguing with officials or disrespecting opponents.

**Show Integrity:** Be honest in your actions and decisions on the field. Accept mistakes and learn from them.

### **Team Spirit**

**Encourage Teamwork:** Work cooperatively with your teammates. Share the ball and be willing to pass or assist others.

**Maintain a Positive Attitude:** Keep a positive mindset, regardless of the game's outcome. A positive attitude inspires others and fosters a supportive team environment.

### **Personal Development**

**Focus on Improvement:** Set personal goals and strive to improve your skills. Be open to feedback from coaches and teammates.

**Learn from Challenges:** Embrace challenges as opportunities for growth. Understand that setbacks are part of the learning process.



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## **Communication**

***Express Yourself Respectfully:*** Communicate openly with your coaches and teammates. Share your thoughts and feelings about the game in a respectful manner.

***Listen:*** Be attentive when coaches are providing instructions or feedback. Show that you value their guidance.

## **Health and Well-being**

***Prioritize Health:*** Take care of your physical and mental well-being. Stay hydrated, eat well, and get adequate rest.

***Speak Up:*** If you are feeling overwhelmed or struggling with any aspect of training or competition, reach out to a coach or trusted adult for support.

## **Inclusivity and Diversity**

***Embrace Diversity:*** Respect and celebrate the diversity within your team. Treat all players equally, regardless of their background or skill level.

***Foster Inclusivity:*** Help create an inclusive environment where everyone feels welcome and valued.

## **Commitment to the Academy**

***Represent the Academy Well:*** As a member of the academy, conduct yourself in a manner that reflects the values and standards of the organization, both on and off the field.

***Be a Role Model:*** Understand that other players within the region look up to you. Set a positive example through your behaviour and attitude.

## **Accountability**

***Take Responsibility:*** Own your actions and decisions both on and off the field. Acknowledge mistakes and work to correct them.

***Support Your Teammates:*** Hold yourself and your teammates accountable for upholding this Code of Conduct.

By adhering to this Code of Conduct, you help create a positive, respectful, and enjoyable atmosphere for everyone involved in the academy. Together, we can foster a love for the game and support each other's growth as players and individuals.